



**Personal, Social, Health and Economic (PSHE) Education
Overview at King's Academy Binfield and King's Academy Oakwood**

EYFS	<p>During their Reception Year, children will be learning to:</p> <ul style="list-style-type: none"> -see themselves as a valuable individual -build constructive and respectful relationships -express their feelings and consider the feelings of others -show resilience and perseverance in the face of challenge -identify and moderate their own feelings socially and emotionally -think about the perspectives of others -manage their own needs and personal hygiene -know and talk about the different factors that support their overall health and wellbeing including: regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian 					
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Safe Relationships	Playing Together	Who Am I?	Making Healthy Choices	Keeping Safe (Out and About)	Dealing with Change
Year 2	Special People	Feelings	Keeping Safe (at Home)	Money and Media	Staying Safe (Rules and Risks)	Growing and Changing
Year 3	Anti-Social Behaviour	Managing Hurtful Behaviour	Balanced Lifestyle	Families and Relationships	Respecting Myself and Others	Growing Up
Year 4	Diversity	Positive Relationships	Mental and Emotional Health	Stereotypes	Finances	Politics and Shared Responsibilities
Year 5	Achievements and Careers	Risks First Aid	Puberty, Relationships and Conception (SRE)	Friendships	Images and the Media	Managing Hurtful Behaviour
Year 6	Personal Identity Bikeability	Money (1 of 2)	Social Media	Rule of Law	Enterprise Skills (money 2 of 2)	Transition